

STUDY ABROAD BUDGET WORKSHEET (Semester Programs)

In order to determine the approximate total cost of your study abroad program, consider your budget for the items listed below. *This is a list of possible expenses and is not meant to be all-inclusive. While this is a good tool to review expenses, we are not able to guarantee that this will be the final cost as many items are estimates.*

Possible Costs PRIOR to Studying Abroad (not included in payment to LMU)

Passport

Check the U.S. Department of State website for new/renewal application instructions and fees for U.S. citizens. Passports must be valid for at least 6 months after the program end date.

(\$ _____)

Student Visa

Each country has different visa fees and procedures that can change at any time. Check the Consulate website of the host country for specific costs.

(\$ _____)

Round-trip Flight

Budget \$800 - \$2,000 depending on destination. Check airline website for extra baggage fees. Review student travel websites, such as StudentUniverse, for student-discounted flights.

(\$ _____)

Health Insurance/Immunizations

Check your program for health insurance and/or immunization requirements.

(\$ _____)

Travel Gear

Backpack, first aid kit, money/passport belt, adapter, rain/snow gear, etc.

(\$ _____)

Possible Costs PRIOR to Studying Abroad Cont. (not included in payment to LMU)

Course Fees

Some courses require additional fees for materials, excursions, or labs that are not included in your Study Abroad Program Fee.

(\$ _____)

Program Application Fee (Select Programs Only)

Your application with your program provider/host institution usually requires an application fee. Check their website for exact amount.

(\$ _____)

Room & Board Costs (Select Programs Only)

Students attending certain programs pay room and board costs to the host institution. Review the host institution website for estimates.

(\$ _____)

Possible Costs WHILE Abroad (not included in payment to LMU)

Local Transportation

Varies by location and city size. Budget \$10 - \$30 per week.

(\$ _____)

Meals

If a meal plan is not included in the program, budget \$75 - \$100 per week for groceries, as the cost is comparable at most international destinations. Buying groceries and cooking tends to be cheaper than eating out at restaurants.

(\$ _____)

Textbooks

Estimate what you would normally spend on books each semester. Inquire if textbooks are free to check out at the host institution library.

(\$ _____)

Daily Living & Local Cultural Activities

Suggested budget of \$50 - \$200 per week. Understand what is included in your program such as laundry and cell phone plans abroad. Check www.expatistan.com for cost of living comparisons. Many programs include free weekly cultural activities and trips that can help you save money.

(\$ _____)

Independent Travel and Additional Spending Money

Take into account independent travel within host country and to other cities and countries.

(\$ _____)

TOTAL ESTIMATED EXPENSES:
(NOT INCLUDED IN PAYMENT TO LMU)

(\$ _____)

Study Abroad Financial Assistance Grant

The Study Abroad Financial Assistance Grant provides support to undergraduate students with demonstrated financial need who are participating in programs administered by LMU Study Abroad.

[Consult the program brochure for eligibility details or limitations.](#)
